

Invitation

MENTAL HEALTH IN THE WORKPLACE HELPING EMPLOYEES TO RETURN TO WORK

We are hosting a conference on the morning of **Tuesday, 7 November** and we'd be delighted if you could attend.

The conference will give useful insights into mental health problems in the workplace. Also, as an area of interest identified by many, we will be looking at practical and helpful ways of accommodating employees who return to work after an absence.

We have three speakers who will provide advice and guidance for you and your employees.

When: Tuesday, 7 November 2017

Registrations 8.45am

• Finish 12.30pm

• Followed by a light lunch

The speakers include:

- **Dr. Robert Ryan**
Medmark Occupational
Healthcare
- **Síobhra Rush:**
Senior Associate, Leman Solicitors
- **Alexandra Pugh:**
Active Work Solutions

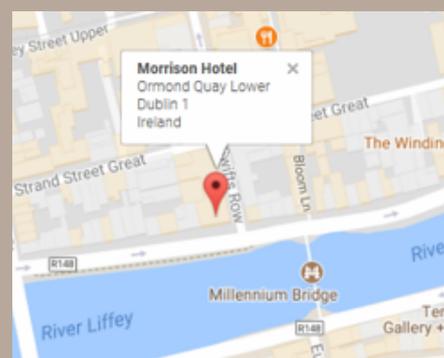
Where:

The Morrison Hotel, Ormond Quay Lower, Dublin 1

Parking is available in Jervis Street car park.

Nearest Luas stop (Red Line), Jervis Street. The Morrison is located 100m from this stop.

10 mins walk from Connolly Station



We would be grateful if you could please confirm your attendance at this event by **27 October 2017** so we can guarantee your place.

We hope you will be able to join us!

Dr Robert Ryan, Managing Partner, Medmark Occupational Healthcare

A Royal College of Surgeons Ireland graduate in 1989, Dr Ryan joined Medmark in 1995, studied general practice and later occupational medicine. He is a Fellow of the Faculty of Occupational Medicine and Fellow of the Royal College of Physicians of Ireland.

Dr Robert will discuss the challenges posed by mental health related absences from the perspective of the occupational physician and the importance of providing opinions based on the objective evidence.



Síobhra Rush, Senior Associate, Leman Solicitors

Síobhra is a Senior Associate in the Employment Law team at Leman Solicitors, since 2014 having joined the firm from another leading employment team at Matheson. She has gained experience on a wide range of employment law matters, both contentious and non-contentious, as well as employment issues in commercial matters.

Síobhra also advises in the area of health and safety law, and was an advisor to the Health and Safety Authority. Síobhra is a member of the Employment Law Association of Ireland, the Employment Law Association in the UK, and the European Employment Lawyers Association. She is also a member of the committee of the Health and Safety Lawyers Association of Ireland.

Síobhra will explore the many challenges and hurdles that employers can face when employees return to work after a prolonged absence due to a mental health issue.



Alexandra Pugh, Active Work Solutions

Alex is a Certified Disability Management Professional from a psychology background.

For over 10 years she has been working in Vocational Rehabilitation delivering support and guidance on sickness absence management to a range of organisations across all industries, ranging in size and complexity. She initially worked for an Income Protection Insurance provider and is now working for Form Health, a sickness absence management solutions provider and overseeing the operations of a number of services including Active Work Solutions.

Alex's presentation will look at using outsourced personnel to provide intervention on cases where employees are absent from work, returning to work or struggling at work due to a potential mental health issue. She will also discuss the tools and services available to organisations including when and why to consider using these tools.

